

## Letter to the Editors

Dear Sirs,

*The Nutrient Composition of the 'Afon' Diet—Nigerian Cooked 'Testa-free' Seeds Prepared from the Fruit of Treculia africana.*

I hereby draw your attention to Table 3 (p. 7) in the above article (*Food Chemistry* (1987) **23**, 3–8) in which the various minerals—sodium, potassium, calcium, phosphorus, manganese, zinc, iron, magnesium and copper were omitted from the table heading.

A copy of Table 3 including the correct headings is shown overleaf.

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**TABLE 3**  
 Mineral Composition of the Raw Seeds, Parboiled Seeds and Cooked 'Testa-free' Seeds of *Treculia africana*.  
 (Values<sup>a</sup> are expressed as mg 100 g<sup>-1</sup> dry matter)

	<i>Sodium</i>	<i>Potassium</i>	<i>Calcium</i>	<i>Phosphorus</i>	<i>Manganese</i>	<i>Zinc</i>	<i>Iron</i>	<i>Magnesium</i>	<i>Copper</i>
Raw seeds	261 ± 0.9	283 ± 0.9	15 ± 0.1	139 ± 0.5	0.17 ± 0.00	0.89 ± 0.00	0.86 ± 0.00	90 ± 0.3	0.11 ± 0.00
Parboiled seeds	235 ± 0.8	255 ± 0.9	12 ± 0.1	121 ± 0.4	0.11 ± 0.00	0.85 ± 0.00	0.60 ± 0.00	70 ± 0.2	0.10 ± 0.00
Cooked 'testa-free' seeds	204 ± 0.7	243 ± 0.8	10 ± 0.1	90 ± 0.00	0.10 ± 0.00	0.81 ± 0.00	0.46 ± 0.00	61 ± 0.2	0.09 ± 0.00

<sup>a</sup> Mean values ± SD of four determinations.